

# Smile Check

😊 Name: \_\_\_\_\_

## ARE YOU EXPERIENCING ANY OF THE FOLLOWING?

- ☐ Sensitivity to hot or cold
- ☐ Sensitivity when biting down
- ☐ Headaches or Earaches😊
- ☐ Neck discomfort
- ☐ Jaw discomfort
- ☐ Broken teeth or fillings
- ☐ Grinding or clenching of teeth
- ☐ Sensitive or bleeding gums
- ☐ Bad breath or taste in the mouth
- ☐ Snoring
- ☐ Daytime tiredness & sleepiness
- ☐ Other \_\_\_\_\_

## IF YOU COULD CHANGE YOUR SMILE, WHAT WOULD YOU LIKE TO DO?

- ☐ Brighten my teeth
- ☐ Straighten my teeth
- ☐ Replace metal fillings with white fillings
- ☐ Replace missing teeth
- ☐ Restore broken teeth or fillings
- ☐ Have a smile makeover
- ☐ Other \_\_\_\_\_

## HOW IMPORTANT IS YOUR SMILE TO YOU? *(please circle)*

**Not very**      **Neutral**      **Extremely**

1      2      3      4      5      6      7      8      9      10

## HOW DO YOU RATE THE OVERALL CONDITION OF YOUR MOUTH? *(please circle)*

**Poor**      **Average**      **Excellent**

1      2      3      4      5      6      7      8      9      10